

CERTIFICATE OF PARTICIPATION

This is to certify that

Theo Lemmer

Has successfully participated & completed the

10km Forest Hill City Summer Run

held at Stellenbosch.

TIME 01:09:09

PACE 06:54/km

GENDER 98 of 157

OVERALL 148 of 287

50+ 14 of 20

04 December 2016, Sun

Date



BoutTime

Signature

